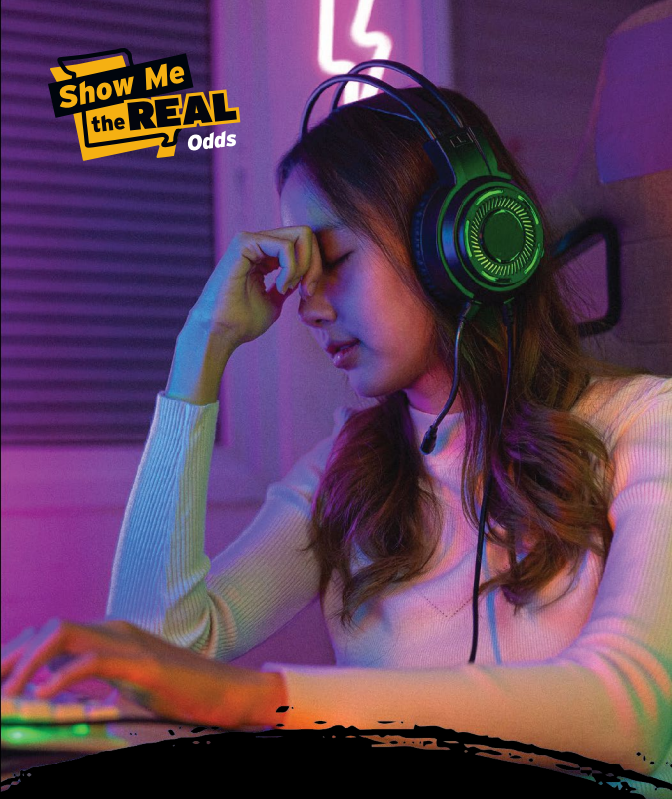


TEEN GAMBLING OFTEN GOES UNNOTICED

Some early warning signs can look like typical anxiety.



WHAT MATTERS IS NOTICING WHEN SOMETHING FEELS DIFFERENT.

You know your teenagers.
Pay attention when something feels off.

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EARLY WARNING SIGNS THAT IT COULD BE GAMBLING:

- **MORE SECRETIVE** about money, phone use, or online activity
- **MORE FOCUSED** on betting, odds, or gambling
- **MORE EMOTIONALLY REACTIVE** during or after a game
- **LESS ENGAGED** with school, work, friends, or responsibilities

These changes do not necessarily mean gambling is the cause. They may mean it is time to check in.

TRY ASKING:

> **"I've noticed a few changes lately. How have things been going?"**

> **You seem more worried lately. What are you thinking about?"**

The goal is not to catch them doing something wrong.

It is to help them feel safe enough to be honest.

LEARN MORE OR FIND SUPPORT

Scan the QR code.

MISSOURI PROBLEM GAMBLING HOTLINE

1-888-BETSOFF (1-888-238-7633)

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