Show Me the REAL Odds

A PROBLEM WITH GAMBLING CAN BE EASY TO MISS IF NO ONE ASKS ABOUT IT.

A patient may report anxiety, disrupted sleep, headaches, financial stress, relationship conflict, or depression.



THEY MAY NEVER MENTION GAMBLING.

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ADD GAMBLING TO THE CONVERSATION

Gambling has no obvious physical signs. Its effects may appear through changes in mood, sleep, finances, relationships, or daily functioning.

CONSIDER ASKING:

> **"During the past year, have you spent money on sports betting, online gambling, or gambling like features in video games?"**

> **"Has gambling affected your finances, relationships, sleep, mood, or daily responsibilities?"**

Screening is not a diagnosis. One thoughtful question can help uncover a concern and **open the door to earlier support.**

LEARN MORE OR FIND SUPPORT
Scan the QR code.

MISSOURI PROBLEM GAMBLING HOTLINE
1-888-BETSOFF (1-888-238-7633)

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